Take flight.

Pop into Propel, Western’s Entrepreneurship Centre by September 30, 2019 to receive your free SAO gift
Location: Western Student Services Building, Room 2130

Kickstart your entrepreneurial career at:
uwoc.ca/entrepreneurship
Welcome to Western

We are pleased to welcome you to campus, and to celebrate this new and challenging period in your life. Western’s faculty, staff and your fellow students share in the excitement as a new academic year begins for all of us.

You have chosen — and been chosen — to join a vibrant learning community that offers everything from broad introductory courses to advanced graduate and professional studies.

To help guide you through your first few months here at Western, we have put together this Academic Orientation Handbook. The services and programs listed will help support you as you reach your goals at Western.

We encourage you to get involved and ask questions, and we look forward to getting to know you as you embark on this new journey with us.

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*For other important dates, visit studentguide.uwo.ca
Program & Academic Counselling

During the course of your university career, there are a number of reasons why you may want or need to see an Academic Counsellor. Some of these reasons are:

- To discuss course changes, withdrawals, special permissions, and appeal procedures;
- To pose questions about modules/programs, degree requirements, and/or university regulations;
- To seek accommodation when circumstances beyond your control affect your academic performance (e.g., illness, bereavement, or personal problems);
- To process requests for Letters of Permission (i.e., taking courses at another university); and,
- To have transfer credits from an academic exchange program approved.

The academic counselling process is a shared responsibility. To ensure that you get the most out of your discussion with an Academic Counsellor, here are a few tips to help you prepare for your counselling session:

- Review the sections of the Academic Calendar that are relevant to the issue(s) you would like to discuss (the full Academic Calendar is available online at westerncalendar.uwo.ca);
- Review departmental and faculty websites; and,
- Prepare questions about your academic plans in advance.

Western has a variety of excellent resources available to assist you with your academic planning; however, you are ultimately responsible for the accuracy and completeness of your own academic program.

PROGRAM COUNSELLING

February – March 2020: This is when you choose your second-year program and complete an Intent to Register form.

READY FOR INTENT TO REGISTER

February – March 2020: Attend faculty and program-specific information sessions. Learn about program requirements. Students will complete their Intent to Register form online before the end of March 2020.

ACADEMIC COUNSELLING OFFICES

<table>
<thead>
<tr>
<th>FACULTY OF ARTS &amp; HUMANITIES:</th>
<th>FACULTY OF INFORMATION &amp; MEDIA STUDIES:</th>
</tr>
</thead>
<tbody>
<tr>
<td>University College 2230</td>
<td>FIMS and Nursing Building 2001</td>
</tr>
<tr>
<td>519-661-3043 (from residence, ext. 83043)</td>
<td>519-661-3542 (from residence, ext. 83542)</td>
</tr>
<tr>
<td><a href="mailto:arts@uwo.ca">arts@uwo.ca</a></td>
<td><a href="mailto:mit@uwo.ca">mit@uwo.ca</a></td>
</tr>
<tr>
<td>uwo.ca/arts/counselling</td>
<td>fims.uwo.ca</td>
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<th>SCHOOL OF HEALTH STUDIES:</th>
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<tr>
<td>Labatt Health Science Building 222</td>
<td>3M Centre 2225</td>
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<td>519-661-3086 (from residence, ext. 83086)</td>
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<tr>
<td><a href="mailto:shsinfo@uwo.ca">shsinfo@uwo.ca</a></td>
<td><a href="mailto:kinug@uwo.ca">kinug@uwo.ca</a></td>
</tr>
<tr>
<td>uwo.ca/fhs/shs/students/academic</td>
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<tr>
<th>DON WRIGHT FACULTY OF MUSIC:</th>
<th>FACULTY OF SCIENCE:</th>
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</thead>
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<tr>
<td>Talbot College 210</td>
<td>North Campus Building 280</td>
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<tr>
<td>519-661-2044 (from residence, ext. 82044)</td>
<td>519-661-3040 (from residence, ext. 83040)</td>
</tr>
<tr>
<td><a href="mailto:ovandeli@uwo.ca">ovandeli@uwo.ca</a></td>
<td><a href="mailto:scibmsac@uwo.ca">scibmsac@uwo.ca</a></td>
</tr>
<tr>
<td>music.uwo.ca</td>
<td>uwo.ca/sci/counselling</td>
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<th>FACULTY OF ENGINEERING:</th>
<th>FACULTY OF SOCIAL SCIENCE:</th>
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<tr>
<td>Spencer Engineering Building 2097</td>
<td>Social Science Centre 2105</td>
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<td>519-661-2130 (from residence, ext. 82130)</td>
<td>519-661-2011 (from residence, ext. 82011)</td>
</tr>
<tr>
<td><a href="mailto:engugrad@uwo.ca">engugrad@uwo.ca</a></td>
<td><a href="mailto:ssaco@uwo.ca">ssaco@uwo.ca</a></td>
</tr>
<tr>
<td>eng.uwo.ca/undergraduate</td>
<td>counselling.ssc.uwo.ca</td>
</tr>
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<table>
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<th>SCHOOL OF NURSING:</th>
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</thead>
<tbody>
<tr>
<td>FIMS and Nursing Building 3306</td>
</tr>
<tr>
<td>519-661-3395 (from residence, ext. 83395)</td>
</tr>
<tr>
<td><a href="mailto:dlitzan@uwo.ca">dlitzan@uwo.ca</a></td>
</tr>
<tr>
<td>uwo.ca/fhs/nursing</td>
</tr>
</tbody>
</table>
Official Western Letters
An Official Western Letter is a document prepared and sealed by the Office of the Registrar to be used for purposes such as:
- Proof of enrolment (including proof required to withdraw funds from an RESP)
- Statement of current or past fees paid
- VISA letters for international students
An Official Western Letter can be ordered online via your Student Center, by mail, fax, or in person (extra cost).

Third Party Forms
You may require a third party form to be completed and sealed by the Registrar’s Office to validate registration or degree confirmation, and a fee will apply. We complete a variety of third party forms, including:
- Canadian Pension Plan (CPP) — Note: The CPP form must be an original and cannot be faxed as per Canadian government requirements.
- RESP forms, such as Canadian Scholarship Trust, Children’s Education Funds, Global Education Trust, Heritage Educational Funds, and Knowledge First Financial.
If you have a form that requires validation of registration, submit it to the Student Central office in person (extra cost), by mail or fax. If you are faxing or mailing in your third party form, please also complete and submit the Student Central payment form. Any forms submitted by mail or fax will be completed and mailed directly to the organization requesting the verification. Forms submitted in person can only be returned to the student or to a representative authorized by the student through a Release of Information. Forms requiring verification for a future term will be completed once the student’s registration in the future term is displayed in Western’s Student Administration system.

Transcripts
A transcript is an official copy of a student’s permanent academic record at Western. Current and former students can order their transcript online, in person, by mail, or by fax. A fee will apply.

Western ONECard
A Western ONECard is issued to every student when they first come to Western. Students keep their Western ONECard for the duration of their studies, and the card is to be used only by the person to whom it is issued. There is a fee to replace a lost or damaged Western ONECard.
To obtain your Western ONECard, upload your photo by logging in to your Student Center account or by visiting Student Central while at SAO. Your Western ONECard will then be waiting for you during O-Week. You will be required to present a piece of government-issued photo identification when you come to have your photo taken and when you pick up your Western ONECard.

Course Registration
Student Central is available to assist with course registration.

Release of Information
The privacy of your personal information is important to us. In keeping with privacy legislation, we will not release personal information about you unless authorized to do so by you. To give a third party (parents/spouse/friends) the ability to access information or a service on your behalf, log in to your Student Center. Under the Personal Information heading, select ‘Release of Information’.

Fee Payments
We encourage you to pay your tuition fees through online banking. If you wish to pay in person, fee payments can be made in Student Central by Canadian debit card, cheque, or money order. We do not accept cash or credit cards for tuition payments. Note: Please check with your financial institution regarding your daily limit before visiting Student Central to make your tuition payment by debit.
For more information on how to pay your tuition and residence fees, check out page 6 of this handbook.
Paying Fees

- View your account balance and tuition deadline at student.uwo.ca. In the Finances section, click on Detailed Statement of Account.
- Payment can be made through Internet banking through major Canadian banks, by cheque, or by money order payable to Western University and mailed to Student Financial Services.
- For information on arranging payment from outside Canada, visit registrar.uwo.ca
- If you wish to pay your tuition fees with your OSAP, you must apply for OSAP, including submission of all required supporting documentation, by June 30. If your first OSAP instalment is sufficient to cover your first tuition payment, deferment is automatic. If your first OSAP instalment is not sufficient to cover your first instalment of tuition fees, you are responsible for paying your difference by the due date. (Note: OSAP loans are issued in 2 instalments, approximately 60% in September and the remainder in January.)

OSAP

- To apply for OSAP you can fill out an online application at: Ontario.ca/OSAP
- For more information on OSAP, please visit registrar.uwo.ca/student_finances/osap_government_loans/ontario_student_assistance_program_osap.html
- Government issued photo ID and proof of SIN number required to discuss your OSAP application in detail.

Direct Deposit

Visit student.uwo.ca and enroll in direct deposit for refunds on your student tuition account. For more information, visit registrar.uwo.ca.

Financial Counseling

- Discuss budgeting, OSAP and bursary assistance.
- Check for appointment availability at registrar.uwo.ca/student_finances/financial_counselling/index.html

Admission Scholarships

- To be eligible, a student must apply for admission directly from secondary school to main campus for full-time, first-year studies.
- Eligibility is based on the student’s final admission average, as calculated by Western’s Admissions Office. Eligible students are notified via their Western email account in late August. Visit registrar.uwo.ca/student_finances/scholarships_awards/admission_scholarship_program.html for details.

Admission Bursaries

- Bursaries are non-repayable grants. Assessment is based on financial need and entitlements range based on the student’s level of need, up to a maximum of $4,000.
- Application is available online at registrar.uwo.ca/student_finances/bursaries_workstudy.html. The Admission Bursary application is available until July 18, 2019.
- Applicants will receive notification by email (provided on application).

Student Financial Services
Room 1120, Western Student Services Building
Western University, London, Ontario N6A 3K7
Telephone: 519-661-2100 | Fax: 519-850-2394

registrar.uwo.ca
The University Health Insurance Plan (UHIP) is a mandatory health insurance for international students and their dependents. UHIP covers medical expenses such as appointments with physicians, diagnoses and treatment of illnesses, and hospital stays, during your time in Canada.

International students are automatically enrolled in UHIP, and the fee of $53/person/month is added to your Statement of Account.

Canadians, permanent residents, and their dependents are not considered international students, but are eligible to apply for UHIP during the 3-month waiting period for the Ontario Health Insurance Plan (OHIP).

To apply to UHIP, please email hrhelp@uwo.ca and include your student number. Find more information online at www.uhip.ca.
**UNDERGRADUATE SAMPLE BUDGET**

<table>
<thead>
<tr>
<th></th>
<th>Living On-Campus</th>
<th>Living at Home (London)</th>
<th>Living Off-Campus</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuition Fee</td>
<td>Based on program</td>
<td>Based on program</td>
<td>Based on program</td>
</tr>
<tr>
<td>Books &amp; Supplies</td>
<td>$1,500</td>
<td>$1,500</td>
<td>$1,500</td>
</tr>
<tr>
<td>Residence &amp; Food</td>
<td>$13,210</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Rent</td>
<td>0</td>
<td>0</td>
<td>$5,600</td>
</tr>
<tr>
<td>Food</td>
<td>0</td>
<td>$1,800</td>
<td>$3,600</td>
</tr>
<tr>
<td>Utilities/Cable</td>
<td>0</td>
<td>0</td>
<td>$800</td>
</tr>
<tr>
<td>Phone/Internet</td>
<td>$860</td>
<td>$640</td>
<td>$800</td>
</tr>
<tr>
<td>Personal/Incidentals</td>
<td>800</td>
<td>800</td>
<td>800</td>
</tr>
<tr>
<td>Local Transportation</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Transportation Home</td>
<td>$350</td>
<td>0</td>
<td>$350</td>
</tr>
<tr>
<td>Clothing</td>
<td>400</td>
<td>400</td>
<td>400</td>
</tr>
<tr>
<td>Entertainment</td>
<td>800</td>
<td>800</td>
<td>800</td>
</tr>
<tr>
<td>Laundry</td>
<td>400</td>
<td>0</td>
<td>400</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>$18,110</strong>*</td>
<td><strong>$5,940</strong>*</td>
<td><strong>$15,050</strong>*</td>
</tr>
</tbody>
</table>

*PLUS YOUR PROGRAM-SPECIFIC TUITION, AND ANXILLARY FEES.*

Note: All figures are estimates and need to be adjusted for the individual student’s particular situation. All figures are based on the 8-month academic year.
Academic or non-academic problem?
Come to us for advice.

We are confidential, impartial and independent.

We serve all students: graduate, undergraduate, King’s, Brescia, Huron and Main Campus.

OFFICE OF THE OMBUDSPERSON
Room 3135 WSS • ombuds@uwo.ca • 519-661-3573
www.uwo.ca/ombuds
Code of Student Conduct

Western seeks to provide an environment that prioritizes the safety of its students. Upon becoming a member of Western’s community, every student accepts the University’s policies, rules and procedures, and acknowledges the right of the University to set standards of conduct.

What is it?
The Code of Student Conduct (the “Code”) sets out the standards of conduct expected of students at Western University. It holds individuals and groups responsible for the consequences of their actions. If a student is found to act in a way that directly conflicts with these standards, it may result in the imposition of sanctions, or withdrawal of privileges.

When does it apply?
The Code applies to any student enrolled in a credit course at the University.

The Code applies to conduct that occurs on Western University’s property. It also applies to conduct that occurs elsewhere if it is related to University sponsored programs or activities, (such as travelling athletic teams) or conduct that occurs at a program, event or activity not hosted, sanctioned, sponsored, or organized by the University that, because of the nature of the program, event or activity and/or the number of students involved, might reasonably be seen to have a direct or indirect association with the University.

Prohibited Student Conduct

In general, the Code prohibits activity which endangers or threatens to endanger others, limits their freedoms or impedes their rights, or damages the property of others, or of the University itself.

Prohibited conduct under the Code includes, but is not limited to:

- Assaulting, harassing, intimidating, or threatening another individual or group
- Endangering the health or safety of others
- Unauthorized entry or presence on University property
- Illegal use, possession, or distribution of alcohol or drugs
- Unauthorized possession or use of firearms or weapons
- Possession or misuse of false identification, access cards, key cards, meal card, etc.
- Encouraging, aiding, or conspiring in any prohibited conduct
- Failing to comply with sanctions imposed under the procedures of this Code

For further information, you may wish to review the Code of Student Conduct, behavioural expectations, and the sanctions for misconduct that are specified in the Code of Student Conduct at www.uwo.ca/univsec/pdf/board/code.pdf
Orientation Week (Sunday, September 1 to Sunday, September 8) takes place during the first week of the fall term and eases the transition for incoming students when they arrive at Western. During OWeek and throughout September, students will have the opportunity to become familiar with campus services and resources, meet their peers and professors, prepare for classes and adjust to university life.

The OWeek Advantage

Incoming students are paired with upper-year student volunteers (called Sophs) from their residence, faculty and/or Affiliate College who act as mentors throughout OWeek and the academic year.

Students Who Completed Western’s 2018 OWeek Survey:

- Felt that by the end of OWeek, they were a part of the Western community: 98%
- Indicated that their overall experience of OWeek was excellent or good: 88%
- Would recommend Western’s OWeek to other students: 85%
- Reported that OWeek contributed to their desire to stay at Western: 78%

Make sure to check your Detailed Statement of Account on student.uwo.ca to see if you’ve been assessed your “Orientation Fee.”

OWeek Programming Includes:

- Residence/Off-Campus/Affiliate College Events
- Faculty Programming
- Campus and Building Tours
- Concerts, Carnivals & Dances
- Spirit Rallies
- Mustang Varsity Football Game
- Orientation Serves (Day of Volunteerism)
- Western’s One Love Rally
- Keynote Speakers

For more information please visit: oweek.ca
Class of 2023, welcome to Western!

I am Bardia Jalayer, your University Students’ Council President for the 2019-2020 year and a proud Class of 2019 Alumni. On behalf of the USC Executive Team, I first want to welcome you to your new home at Western, and wish you all the best on the adventures that you will take on in your years ahead at our incredible school. Western will provide you with a range of exciting opportunities, diverse experiences, and unique challenges - take advantage of everything this beautiful campus and your University Students’ Council has to offer in order to make the most of a simply incredible time in your life.

The University Students’ Council is the largest and most active student government in Canada, offering a home to a huge community of people who work to ensure that you have access to the resources and supports you will need to succeed and thrive during your time at Western. The USC represents our nearly 30,000 undergraduate students, and we advocate on your behalf to the university as well as municipal, provincial, and federal levels of government, all in the interest of maintaining and improving your holistic student experience. Our broader mission is to enhance the educational experience and quality of life for all undergraduates at Western and our vision is that students have the power to change the world. Please check out our website and social media accounts to familiarize yourself with the programs and services the USC provides, and if you’d like to get involved, we’d love to have you.

The student experience that my friends and I, along with many generations of Western alumni, have come to know and love is largely made possible by the programs, services, and operations of the USC which are funded by ancillary fees paid with your tuition. It takes all of us to protect Western’s student experience for the next class of Mustangs. Thus we encourage you to opt in to ancillary fees and thank you in advance for ensuring Western’s student experience is alive and flourishing for generations to come. Please see the next page for more information about opting in to ancillary fees.

I wish you a restful summer and can’t wait to welcome you to campus for OWeek 2019!

All the best,

Bardia Jalayer
USC President
BA French Studies ’19

OUR SERVICES AND OPERATIONS
The USC provides a range of services and operations, including an extensive orientation program, peer support centre, multicultural programming, awareness weeks, shuttle services, musical performance, and more. Our programs and services are run by students, for students.

Check out our website for a full list of our programs, services, and operations at westernusc.ca
ALL IT TAKES IS ALL OF US

opt in to save your student experience

You probably chose Western for lots of reasons.

The program you’re in, the beautiful campus, the plentiful geese population. But maybe the most important reason is that it fulfilled the dream that you’ve always had of University.

A place where you’d make memories that would last a lifetime.
A place where you’d study something you’re really passionate about.
A place where you’d meet your best friend, business or life partner.
A place where you’d learn that a Spoke bagel really is the best comfort food (just trust on this one).

But that experience, that dream, those memories - they’re at risk.
The entire student experience is at risk.

This fall, Western students will make one of the most important decisions in student life history.
And you have an opportunity to be a part of that decision.
When you pay your tuition, OPT IN.

OPT IN TO YOUR UNIVERSITY STUDENTS’ COUNCIL ANCILLARY FEES

Advocacy • Student Life • Peer Programs • Clubs • Orientation • Student Grants • The Gazette • Radio Western • The Student Refugee Program • Daycare • The Marching Band • Legal Services • Faculty and Affiliate Councils

Don’t let people tell you that opting out won’t change anything. It will. Programs and services will be more expensive or may no longer exist. And your future at Western won’t be the same without these services, programs, events, and experiences.

Because the experiences we make on campus together, are forever.

Watch the video at SaveYourStudentExperience.ca
Shop online! Sign up for sales & giveaways!

SHOW YOUR
Western Spirit
COME SEE WHAT IS IN STORE

@booksatwesternu

bookstore.uwo.ca
Western Retail Services

Tips to save you time and money

1. Your personal textbook list
   • You can get your personal textbook list on The Book Store’s website at www.bookstore.uwo.ca.
   • You don’t need to wait until the start of classes to get an accurate list of the textbooks from your professors. By the middle of August, some, if not most, of the textbooks adopted by your professors will be available.
   • If your list is not complete, check back often. As textbook orders are processed, updates are posted on The Book Store’s website daily.
   • Save time by printing your personal textbook list BEFORE you come to The Book Store to do your shopping. Be sure to have your list of registered courses with you when buying your textbooks.

2. New and used textbooks
   • The Book Store carries the largest selection of new and used textbooks for all university courses.
   • Used textbooks sell out first, so get a head start by shopping for your books before the start of classes.

3. Extended hours begin August 24
   Aug 24 & 25 11 am – 4 pm
   Aug 26 - 29 8:30 am – 7 pm
   Aug 30 8:30 am – 5 pm
   Aug 31 – Sept 2 9 am – 5 pm
   Sept 2 (Labour Day) 9 am – 5 pm
   • Until August 23, we are open Monday to Friday, 8:30 am – 4:30 pm and closed Saturday, Sunday and University holidays.
   • Extended hours, extra staff and fast checkout lines.
   • For September hours, visit www.bookstore.uwo.ca ‘Hours’

4. Extended return period until October 1
   • In case you change your mind about your courses, The Book Store offers an extended refund period on new and used textbooks to October 1.
   • You must have the receipt and the textbooks must be in original condition.

5. School supplies, clothing and more
   • The Book Store and Books Plus are the official sources for Western clothing and accessories.
   • We sell school supplies to get your work done right: highlighters, pens, pencils, erasers, staples, paper clips, index cards, envelopes, rulers, sharpeners, paper, and much, much more!
   • Watch for new items throughout the year in “The Buck Store” at The Book Store where everything is a buck or two.

6. The Book Store at Western on Facebook
   • Join The Book Store at Western on Facebook to find out about book and clothing sales, textbook buybacks, contests and more.
   https://www.facebook.com/booksatwesternu/
   • Follow us on Twitter for even more information including contests and giveaways. twitter.com/booksatwesternu/

7. Educational pricing
   • The Campus Computer Store offers educational prices on laptops and software and provides on-campus support for technical service.

8. Best student experience
   • Our stores are service driven and return revenues to the University to support student services, facilities, and programming.
   • Western Retail Services is owned by Western University Canada and supports its academic mission to provide the best student experience.

Explore our stores!
www.bookstore.uwo.ca
westernpurplestore.com

Show your Western spirit in our t-shirts, sweatpants, and hoodies. We feature great Canadian brand names like Jerico, Liberty, Fiveonenine Clothing and Gildan, along with Nike & Champion

Event Tickets | Greyhound Tickets | LTC Tickets | Locker Rental

WE SHOWCASE STUDENT WORK!
Send your ideas & suggestions through our website

Follow us for the Newest Items,
Sale Previews, Concert Info & Events.
Check out our website for on-line orders 24/7

Proudly owned and operated by your Students’ Council
RESIDENCE AT WESTERN 2019-2020

Living in Residence at Western makes it easy for you to be connected to campus and access important resources that help you get the most out of your university experience!

All of our residences offer:

- In-building dining halls—no need to trek across campus to a central dining facility.
- Workout rooms, music practice rooms, study rooms, and laundry facilities.
- 24-hour front desk services, accessible in person or by phone.
- More than 400 upper-year student leaders live in residence, including Residence Orientation Leaders (Residence Sophs), Residence Advisors (RAs), Dons, Academic and Leadership Programmers (ALPs) and Community Leaders (CLs), who can assist you with any questions.
- Regular in-room cleaning in all residences. We’ll dust, vacuum, and take out your garbage.

residence.uwo.ca
@westernuRezLife /westernuRezLife #westernuRezLife

WE’RE HERE FOR YOU
Western is proud of our excellent support system, and we want you to feel like you belong here.

Residence Dons and Residence Advisors
Always just a few steps away and serving as a link between you and the University.

Live-in Professional Residence Managers
Having extensive residence life experience, and promoting an environment that supports academic achievement, community, and learning outside the classroom.

Residence Counsellors
Providing professional and confidential counselling services to students living in a Main Campus residence, at no cost.

Studies show that students living in residence achieved higher averages compared to their peers living off campus.

Source: Office of Institutional Planning & Budgeting, Western University, 2002-2016

RESIDENCE LIFE PROGRAMS
Learning is not limited to opening a book or listening to a lecture. Everyone learns from every moment, situation, and personal encounter, both inside and outside the classroom. Residence is your home away from home for the next eight months, so feel a sense of belonging by taking advantage of all that residence has to offer!

Office of Residence Education & Programs (OREP)
OREP staff provide you with leadership, academic, and social programs that help you adjust to university life, build connections with your fellow residents, and develop your interpersonal and leadership skills.

Make the most out of your residence experience!
Join your Residents’ Council, attend study skills workshops, perform at a coffee house, or attend events like our Residence Pool Party! Employers today are seeking individuals with a diverse skillset, and Residence Life offers multiple opportunities for you to develop outside the classroom!
RESIDENCE AT WESTERN

Can I live on campus after first year?

We welcome upper-year students to live in our residences. After first year, you can continue to enjoy the convenience of on-campus living, a great community environment, and leadership opportunities! There are two upper-year residences, Alumni House and London Hall, which are both suite-style buildings with optional meal plans. You may also opt to live in any other residence on campus.

In early November, you may go online at myhousing.wo.ca/portal and sign up for your residence space for the following academic year. You may come with your friends and reserve the particular residence building and suite that you like. It’s a first-come-first-served offering.

You may also choose to apply as an RA or Don or as a Residence Soph. There are more than 400 volunteer and paid student leadership positions available in residence which will enrich your learning experience, build up your resume, or help you out financially.

Second-Year Residence Guarantee: If your final admission average for university is 90% or higher, and you live in residence in your first year, you will be guaranteed a single room for your second year. To be eligible, apply at myhousing.wo.ca/portal by January 31, 2020.

“Coming to university as an international student who didn’t know anyone in Canada, residence provided me with a great sense of ‘home’ on campus. That’s why I returned as a Soph in my second year!”


Residence Assignment FAQ

How are residence and room assignments done?
Residence and room assignments are made based on a random computer-generated number assigned to each student. We will consider the information that you provide on your Residence Placement Questionnaire, including lifestyle and residence preferences, roommate preference and other information.

What if I don’t get along with my roommate?
There are RAs, Dons and other resources available to help in mediation. However, we always encourage students to first try and work out their differences on their own by discussing a number of issues at the outset to avoid misunderstandings. Learning to live with another person, acknowledging and respecting each other’s differences, and allowing one another the space to grow are some of the most valuable life skills you’ll develop throughout your residence experience.

Can I move to another residence?
There is a settling-in period until Thanksgiving. After that, building and room switches are occasionally permitted (or required). Such switches occur only under exceptional circumstances and are at the discretion of the Residence Manager. Students who are moved to another residence will be charged/credited any differential in cost.

Can I live on campus after first year?

We welcome upper-year students to live in our residences. After first year, you can continue to enjoy the convenience of on-campus living, a great community environment, and leadership opportunities! There are two upper-year residences, Alumni House and London Hall, which are both suite-style buildings with optional meal plans. You may also opt to live in any other residence on campus.

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“Coming to university as an international student who didn’t know anyone in Canada, residence provided me with a great sense of ‘home’ on campus. That’s why I returned as a Soph in my second year!”

RESIDENCE AT WESTERN

PACKING FOR THE BIG DAY
What does the University provide in a residence room?

- Bed frame and mattress*
- Closet or wardrobe
- Desk and chair
- Bookshelves or desk hutch
- Dresser
- Wastebasket and recycle bin
- Corkboard

WHAT CAN I BRING?
- Additional reading/desk lamp
- Alarm clock
- Backpack
- Bicycle and a high-quality U-lock
- Clothes hangers
- Computer, network cable, and power bar
- Hair dryer/straightener
- Headphones
- Kitchen supplies (for suite-style residents), e.g. dishes and cutlery, garbage and recycling bags, cleaning supplies
- Laptop anti-theft device/lock
- Laundry bag/basket and detergent
- Linens, pillows, and mattress cover*
- Personal identification and Health Card
- Personal safe or lock box
- Recreation equipment (please note storage is very limited)
- Shower shoes/flip-flops
- Toiletries and towels (toilet paper for suite-style and hybrid-style residences only)
- Umbrella
- University publications and correspondence

DO NOT BRING:
- Alcohol during Orientation Week regardless of your age
- Any glass bottles, large-volume alcohol containers (kegs, mini-kegs, or liquor bottles greater than 40 fluid ounces)
- Appliances of all kinds**
- Funnels, beer-pong tables, or drinking paraphernalia
- Candles and incense
- Draperies
- Drum sets
- Exercise machines
- Furniture of any kind, including headboards
- Heaters, and heat or halogen lamps
- Pets (any type of animals)
- Speaker systems
- Smart home systems (Google Home, Amazon Echo, etc.)

** Exceptions: toaster ovens, coffee makers and cooking grills are permitted in suite-style residences only. Mini-fridges are allowed in your residence room. All of the above need to be CSA approved.

The personal items that you bring should all fit into a standard shopping cart!

* All buildings (except for Alumni House and London Hall) have mattresses that are approximately 203 cm (80”) long by 91 cm (36”) wide.
RESIDENCE AT WESTERN

MOVE-IN DAY
When you arrive on campus, your vehicle will be directed to a marshalling area where you will wait for your time to unload your vehicle. With your permission, our volunteers (Sophs) will assist you in unloading your vehicle and moving your belongings with the aid of a limited number of trolleys and carts. Your driver will be directed to a nearby parking lot for longer-term parking once your vehicle has been completely unloaded. Do not leave your vehicle unattended in the traffic circle or you will be ticketed!

For more info about the move-in schedule and process for your particular residence, check out our online resource.

Move-in Planning Guide: residence.uwo.ca/resources/movein_planning_guide

DON’T FORGET! Once you receive your building assignment in mid-July, look for your building group on Facebook to connect with your floormates, RA, Don, Sophs, and Residents’ Council before the big move-in day! For example, search Facebook for “Ontario Hall 2019-20.”

IMPORTANT DATES

<table>
<thead>
<tr>
<th></th>
<th>Mid-July</th>
<th>August 1</th>
<th>August 1</th>
<th>Sept 1 &amp; 2</th>
<th>Sept 5</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Building assignment and Residence Contract available online</td>
<td>First installment of residence fees due via the Student Center</td>
<td>Last day to cancel your residence and receive $450 refund (half of the $900 prepayment)</td>
<td>Move-in days</td>
<td>Classes begin</td>
</tr>
</tbody>
</table>

Read your Residence Contract at residence.uwo.ca/residence_contract.pdf before you arrive on campus!

PARENTS: For info on contacting students, safety, security or to sign up for our Parent Newsletter, visit: residence.uwo.ca/resources/parent_guide

ADDITIONAL QUESTIONS? Contact us at housing@uwo.ca or call 519-661-3547.
FOR PARENTS: Studies over the past number of years confirm that 20% of first-year students choose not to drink alcohol at all. If a student chooses to drink (even if they are underage), this guide for parents and/or guardians outlines the impacts of alcohol consumption, and provides responsible drinking tips.

Tip: Having a conversation about alcohol with your student will have a positive impact on their drinking habits. Use the information from this guide to get started.

HOW MUCH IS TOO MUCH?
Young adults who decide to drink might not be aware of their limits or the dangers of binge drinking. Binge drinking is consuming five or more drinks for men, or four or more drinks for women on one occasion. Monitor your consumption and be aware of the signs of problem drinking.

Signs of problem drinking include:
Memory loss, passing out, fights, frequently hung-over or late for school, using drinking as a way of coping with stress, or the inability to control how much you drink on one occasion.

Responsible drinking: If you choose to drink, make sure it does not interfere with your health, school work, or other people. It means there are days when you don’t drink, and on days when you do drink, you are not drinking to excess. You don’t feel the need to drink alone; you make plans to get home safely; and you never leave your drink unattended.

THE DOWNSIDES OF DRINKING
• Getting kicked out of an event for being drunk is no way to fit in.
• People get the wrong idea about who you are.
• Physical discomfort from hangovers and vomiting.
• Alcohol poisoning.
• Increased possibility of hurting yourself (falls, etc.).
• Increased willingness to take unnecessary risks.
• Increased possibility of getting arrested or charged.
• Disciplinary sanctions in residence.
• Increased risks for emergence of mental health problems.

SOBER STRATEGIES
• Only bring a small amount of money with you when you go out.
• Purchase drinks that look like alcoholic beverages but are not (e.g. ginger ale in a glass with ice and a lime).

You can say...
“I’m on medication and I can’t drink.”
“I don’t have enough money to go out this weekend.”
“I’m pacing myself.”
“I have to get up early tomorrow.”
OR, simply tell people you don’t want to! You are in control of your choices.

AVOID OVER-INTOXICATION
• Eat while drinking. Having food in your stomach will slow the absorption of alcohol.
• Set a limit on the total number of drinks for an evening and count them.
• Pace yourself—drink slowly.
• Mix your own drinks so that you know how much alcohol is going into each drink.
• Alternate a non-alcoholic drink with an alcoholic drink.
• Avoid taking straight shots. They increase your blood alcohol level faster which increases your risk of alcohol poisoning.
• Use a large amount of mix in your drinks.

CHECK YOUR DRINKING SURVEY
We encourage all students to complete a “Check Your Drinking” online self-assessment before arriving to campus. Past data has shown that participants who have reflected on their own drinking behaviours in comparison to other Canadian students reduced their overall consumption. The assessment results are confidential.
Access the survey at: uwo.checkyourdrinkingu.net

According to recent surveys of Western residence students:

87% drink once a week or not at all
64% drink less than once per week

DRUGS
The consumption of drugs, including cannabis, can have significant impacts on your health, academics, and social life.

For more information, view the Residence Contract online.
RESIDENCE AT WESTERN

Internet Service in Residence

- 98% student subscription rate
- No bandwidth limits
- High-speed ethernet ports
- Wireless service throughout residence
- Immediate access on move-in day

HOW DO I CONNECT?
RezNet subscribers have two ways to connect to the Internet in residence. Connect laptops, game consoles, and other wired devices to our high-speed wired network. For devices such as smartphones and tablets, we offer a convenient wireless network.

HOW DO I SUBSCRIBE?
Subscribe to RezNet by selecting “yes” in the RezNet section on the Residence Placement Questionnaire.

A RezNet subscription is $395 for the academic year.

WHAT SHOULD I BRING?
We strongly suggest you bring an ethernet cable! Although wireless internet access is available, some devices like game consoles only work on our wired network. A wired connection also provides the most reliable and highest quality of service. You should also bring your computer’s administrator password, up-to-date anti-virus, and a USB printer cable for printers with wireless broadcasting.

reznet.uwo.ca • 519-661-4225 • reznet@uwo.ca
Residence at Western

Can I Bring a Wireless Router?
No. Personal routers will interfere with the wireless internet being provided to your fellow residents. If you have a specific need for a personal router, please call the RezNet Hotline so that we can explore potential solutions.

What About Printers?
Signals from wireless printers interfere with RezNet’s service. By turning off the wireless broadcasting and using a USB printer cable, you ensure that you and your fellow residents can take full advantage of the wireless internet provided in your residence building.

What If I Need Help on Move-In Day?
On move-in day, RezNet’s student support team will be available for in-room assistance on any configuration issues you may have. The RezNet Hotline will also be open on both move-in days, and throughout the academic year, to provide assistance over the phone. You will also receive a RezNet Handbook with helpful instructions during the check-in process.

What If I Have Questions?
Call the RezNet Hotline
519-661-4225
Summer Hotline Hours
Monday–Friday, 9:00 a.m.–4:00 p.m.

Email Us
reznet@uwo.ca
Dining on Campus

Hospitality Services at Western strives to provide you with the best dining experience, including healthy, high-quality meals, and flexible food options for your diet. Whether it’s a fairtrade coffee, a hot breakfast, made-to-order lunch, or catering a special event, we’re here to serve you. Here is a quick glance at a few of our services:

Residence Dining
The dining halls in each of our seven first-year residences, your home away from home, are open 7 a.m. to 7 p.m., with access to late-night dining options in selected buildings. Our six-week menu cycle features an incredible variety of menu items and selections.

Campus Eateries
Twenty-three eateries across campus are available to serve students, staff, faculty and visitors every day. Each eatery is distinct in menu offerings, operating hours, service-style and ambience. Also featuring many of your favourite franchises.

Campus Meal Plan
Living off campus? You can still enjoy the convenience of a meal plan. Choose between a Tax Exempt Meal Plan (13% savings) or a Flex Plan (5% savings), both accepted at all on-campus eateries, and at selected dining locations across the city.

Nutrition Services
Do you have food allergies or special dietary needs? We strongly encourage you to self-identify by sending an email to nutritionservices@uwo.ca. Our dedicated Nutrition Manager is available to help ensure you are provided with guidance to make informed decisions while dining on campus.

Part-time Employment Opportunities
Did you know you can earn while you learn? Join our team as a Food Service Helper, Catering Server, etc.; enjoy flexible schedules, a discounted staff meal plan, as well as a rewarding experience in a diverse environment.

Green Leaf Café @ Somerville
Brought to you by our Great Hall Catering team, the Café serves buffet lunch with a focus on local seasonal cuisine. Open Tuesday to Friday, 11:30 a.m. to 2 p.m.
Student Experience Services

Psychological Services
Offers confidential counseling for personal and social issues through individual appointments, and workshops on a variety of topics.
Visit us at uwo.ca/health/psych

Accessible Education
Offers services for students with a variety of disabilities by providing academic accommodation, assistive technology, and related support.
Contact us at ssd@uwo.ca or visit sas.uwo.ca

Learning Development & Success
Confidential, individualized learning support to help students achieve their academic goals. Academic skill development includes: time management, preparing and writing university level tests, etc. Learning Development & Success also offers peer support for course specific help. For more information, see learningskills.uwo.ca or email learning@uwo.ca

Wellness Education Centre (WEC)
Offers a safe, comfortable environment for Western students to explore the many health and wellness resources available on and off campus. If you don’t know where to go, start here.
Contact us at wec@uwo.ca, visit wec.uwo.ca, or find us on the lower level of UCC, room 76.

Gender Violence & Survivor Support Case Management
The Gender Violence & Survivor Support Case Manager will provide you support regardless of if you were subjected to gender violence on or off campus, or before you came to Western. The Survivor Support Case Manager will listen, and with your consent, connect you to resources within the university and city, explain reporting options, assist with safety planning, and navigate academic and other accommodations. At no point will you be required or pressured to follow a specific path. To learn more, visit uwo.ca/sexualviolence.

Writing Support Centre
Provides individual writing support, seminars, and online support to help both undergraduate and graduate students strengthen their writing skills. Contact wsc@uwo.ca or visit writingsupport.uwo.ca

Western Peer Leaders
Enhances students’ experiences through volunteer opportunities with Student Experience. Visit peerleaders.uwo.ca

UCC 210: Western Peer Leaders
WSSB 4th floor: Psychological Services, SVPEC, Learning Development & Success, Writing Support Centre, and Accessible Education

studentexperience.uwo.ca
ACADEMIC SUPPORT & ENGAGEMENT

☑️ Must Do’s in First Year

☐ Strengthen your academic skills

Making a successful transition to university can be challenging. Enhance your learning by visiting the PAL Centre (uwo.ca/sdc/learning/peer_assisted_learning) for general and course-specific advice from upper year honours students, and the Writing Support Centre (writingsupport.uwo.ca) for assistance with writing papers. Not only can our team help you understand writing expectations at the university level; we can also help you develop the confidence and skills needed to communicate your ideas.

☐ Engage with campus resources

Connect with someone from our Leadership and Academic Mentorship Program (lamp.uwo.ca), and/or our Society of Off-Campus Students (socs.uwo.ca). For a comprehensive list of campus resources, visit orientationonline.uwo.ca.

☐ Enhance your leadership skills

Develop your skills in individual, group, and community leadership through the Leadership Education Program (lep.uwo.ca). Additionally, get involved in residence life or a campus club to gain valuable out-of-classroom leadership skills, which can be tracked on your Co-Curricular Record (myexperience.uwo.ca).

Visit success.uwo.ca to learn more about all of our programs and supports, including: mature student support; programs for first year, out-of-province, and high achieving students; and academic supports like learning, writing, and accessibility.
Looking for a head start on your university experience?

Western’s Summer Academic Writing Clinic (SAWC) is your opportunity to live and learn on campus while developing the skills for a successful transition to post-secondary writing.

Available sessions:

- July 24-26
- August 7-9
- August 14-16

Each session includes:

- 3 days of critical thinking & writing instruction
- Program materials, including Write Right: Making the Transition to University Writing
- 2 nights of residence accommodation (optional)
- Navigating library and online resources
- Professor Panel and Q&A
- Recreational evening activities

Register at writingsupport.uwo.ca
Questions? Call 519-661-2111 x85500 or email sawc@uwo.ca
Indigenous Services (IS) is committed to supporting Indigenous students in reaching their highest potential. Our friendly and welcoming staff pride themselves on offering wholistic student supports based on the values of helping and serving through Indigenous ways.

**Cultural & Social Resources**
- Visiting Elders and Cultural Teachers available for counselling and traditional teachings on a weekly basis
- Monthly corn soup lunches and dinners/social gatherings year round
- Daily smudging, Indigenous languages workshops, drumming and singing, teachings, sharing circles and much more!

**Student Supports & Programs**
- Academic advice and advocacy
- Financial aid advice/referrals
- Housing/residence referrals
- Childcare referrals
- Mentorship and leadership opportunities
- Academic, personal, cultural counselling

**Our Space**
- Open concept gathering space
- Quiet study area
- After hours access to the Centre for registered IS students
- Fully equipped kitchen facilities
- Computer lab with 10 stations including free printing, photocopying, fax and telephone for registered students

**Are You An Incoming Indigenous Student?**
- Self-identifying First Nations, Métis, and Inuit students can register online for access to our services at: [indigenous.uwo.ca](http://indigenous.uwo.ca)

Western Student Services Building, room 2100
student.uwo.ca • indigenous.uwo.ca • is.staff@uwo.ca
Phone: 519-661-4095 • Toll-free: 1-888-661-4095
CAREERS & EXPERIENCE

☑️ Must Do’s in First Year

☐ Learn about opportunities to develop your skills

It’s never too early to start thinking about your career! Visit experience.uwo.ca to explore experiential learning activities available throughout your time at Western. Meet with the Career Education team (career.uwo.ca) to clarify your interests, consider career possibilities, and plan your future.

☐ Get involved in London and beyond

Participate in local community projects through Orientation Serves (oserves.uwo.ca) and Western Serves Network (wsn.uwo.ca). Engage with global communities through an Impact Experience during fall, spring, or summer breaks (impactexperience.uwo.ca).

☐ Launch your Co-Curricular Record

Gain recognition for your experiences outside of the classroom with Western’s Co-Curricular Record (myexperience.uwo.ca), which is a tool you can use to track your involvement and skills to future employers.

Don’t wait until you graduate to start building your resume... Connect with us in UCC 210 and we’ll help you get started right away in first year!
Student Health Services

Student Health Services provides Western students with a variety of on-campus health care services. We are an appointment-based clinic with limited same-day appointments available for both physical and mental health issues.

We Offer:
- Medical Care & Treatment
- Counselling & Psychiatry
- Sexually Transmitted Infections Testing
- Birth Control Information
- Allergy Injections & Immunizations
- Laboratory Services
- Physiotherapy & Massage Therapy

Immunization Reminder:
Please remember to speak with your health care provider at home or visit our clinic on campus to ensure your immunizations are up to date.

Student Emergency Response Team (SERT)

SERT is a volunteer, student-run organization providing emergency medical response to all 911 calls on campus
- Co-ed teams of three responders on call 24/7
- Trained Emergency Medical Responders carrying a defibrillator and other advanced medical equipment

First Aid Courses
We offer Canadian Red Cross First Aid training on campus! For more info visit sert.uwo.ca

Interested in joining?
Our application process starts in early September; see sert.uwo.ca for more details.

IN AN EMERGENCY
Call - 911 on campus phone
or 519-661-3300 on a cell phone

Room 28, UCC (Lower Level)
519-661-2111 x84824
sert.uwo.ca

facebook.com/WesternSERT
@Western_SERT
We can help.

lib.uwo.ca

Information overload  Expert advice
Essay dismay  Research guides
Citation frustration  Cheat sheets
Noisy neighbours  Six locations
Laptop dead  Chargers on loan

@westernulibs

Only use blue and/or white. For more details check out our Brand Guidelines.
WTS Help Desk

Need IT assistance?

Visit our trained technicians to help resolve your IT issues.

Western University WTS Helpdesk offers free, best-effort service to help resolve most IT software related issues. No appointment necessary.

519-661-3800
Front Desk
Support Services Building
1393 Western Rd

To see all the services that WTS can assist students with please visit...

wts.uwo.ca
@westernuTechSvs
facebook.com/westernuTechSvs
French Immersion in Trois-Pistoles

LIVE THE LANGUAGE AND CULTURE OF QUEBEC

Five Week University Credit Program

Are you looking for a unique experience to learn or improve your French? Do you want to discover another region of Canada while meeting new people?

Western’s French Immersion School in Trois-Pistoles offers you an experience of a lifetime in a complete immersion environment, so that you not only learn French, but live the language and the culture of Quebec.

In Trois-Pistoles, French is the language of everyday life: on the streets, in the shops, restaurants, and homes. The whole town is your campus – a living language laboratory.

Join us for our five-week credit programming at the oldest French immersion school of its kind in Canada.
Make the world your classroom

Western makes it easy to gain international experience and enrich your degree with intercultural learning and global engagement.

- Exchange
- Study Abroad
- Research
- Internships
- Faculty-Led Study Abroad
- Community Engaged Learning

- 170 International Learning programs in over 40 countries
- Exchange, study abroad and course-based experiences
- Internships and community engaged learning
- Chart your own course through study abroad and research opportunities
- Scholarships and funding available, including a $1,000 award guaranteed* for students with a 70% average after Year 1

*Conditions apply. Details online.

www.goabroad.uwo.ca | goabroad@uwo.ca

International and Exchange Student Centre

Supports international students throughout their university career and provides opportunities for all students to gain intercultural skills and experiences.

- Orientation
- Advising
- Events & Activities
- English Conversation Program
- Intercultural Learning
- Peer Guide Program
- Volunteer Opportunities
- Immigration Assistance

www.iesc.uwo.ca | iesc@uwo.ca
2nd floor, International & Graduate Affairs Building
519-661-2111 ext. 89309
Learning Development & Success

The academic transition from high school to university can be an exciting challenge.

The following checklist includes key behaviours that lead to successful university-level learning. For each item, indicate whether you have engaged regularly in that behaviour in the past. If your score is 3 or less on any item, consider making changes to help you achieve success.

---

**Prepared for Success**

Managing time is more than using a planner. Working through distractions and prioritizing your time is important.

<table>
<thead>
<tr>
<th>Behaviour</th>
<th>No - Yes</th>
</tr>
</thead>
<tbody>
<tr>
<td>I generally use my time wisely.</td>
<td>1 - 2 - 3 - 4 - 5</td>
</tr>
<tr>
<td>I plan how my goals will be reached using tools such as planners and/or lists.</td>
<td>1 - 2 - 3 - 4 - 5</td>
</tr>
<tr>
<td>I can motivate myself to complete tasks, even boring ones.</td>
<td>1 - 2 - 3 - 4 - 5</td>
</tr>
</tbody>
</table>

**Strategic Learning**

Regularly monitoring your understanding can help identify areas of confusion. You are not alone; seek help early from profs, Teaching Assistants (TAs), peers or Learning Skills Services.

<table>
<thead>
<tr>
<th>Behaviour</th>
<th>No - Yes</th>
</tr>
</thead>
<tbody>
<tr>
<td>If there are ideas that I have difficulty understanding, I check for clarification in the textbook or with someone who can help (classmate, teacher, resource centre, etc.)</td>
<td>1 - 2 - 3 - 4 - 5</td>
</tr>
<tr>
<td>I do occasional review of past text chapters and/or class notes even when I don’t have a test approaching.</td>
<td>1 - 2 - 3 - 4 - 5</td>
</tr>
<tr>
<td>I go over my returned quizzes/tests to learn about the types of mistakes that I made.</td>
<td>1 - 2 - 3 - 4 - 5</td>
</tr>
</tbody>
</table>

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**So much Reading!**

For each course, consider your strategy for success. Develop active reading strategies beyond simply reading over text; use strategies that allow you to recall information later.

<table>
<thead>
<tr>
<th>Behaviour</th>
<th>No - Yes</th>
</tr>
</thead>
<tbody>
<tr>
<td>As I read my text, I pay attention to the text structure: margin questions, text in bold or italics, headings, and the captions that accompany figures/diagrams in the margins.</td>
<td>1 - 2 - 3 - 4 - 5</td>
</tr>
<tr>
<td>As I read my text, I think about whether or not I will remember the ideas easily. If not, I think about ways to remember the information as the reading unfolds.</td>
<td>1 - 2 - 3 - 4 - 5</td>
</tr>
<tr>
<td>I use a system for summarizing the main points of the text: I highlight, make marginal notes, make summary notes, and/or use the study guide.</td>
<td>1 - 2 - 3 - 4 - 5</td>
</tr>
</tbody>
</table>

**Ready for Lectures**

University lectures provide more information and often less structure than high school classes. Organization and consistent review can save time and energy later in the term or during exam time.

<table>
<thead>
<tr>
<th>Behaviour</th>
<th>No - Yes</th>
</tr>
</thead>
<tbody>
<tr>
<td>I am confident in my note taking ability.</td>
<td>1 - 2 - 3 - 4 - 5</td>
</tr>
<tr>
<td>In class, I monitor whether or not I understand the ideas.</td>
<td>1 - 2 - 3 - 4 - 5</td>
</tr>
<tr>
<td>I complete assigned homework and/or readings on time.</td>
<td>1 - 2 - 3 - 4 - 5</td>
</tr>
</tbody>
</table>

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Need to enhance your skills? Learning Development & Success can help!

- **Peer Assisted Learning Centre**
  Drop-in support, WSS 4139

- **Individual Counselling**
  Consult with a Learning Specialist
  519-661-2183

- **Learning Skills Presentations**
  Sign up on our website!
  sdc.uwo.ca/learning

---
University is an exciting time for students and their parents, but it can also be a sometimes daunting experience. The sheer size of the campus and the number of people working and studying here may make the school seem like its own town and, like any town, it has its own character, rituals, and even language. This guide is intended to help you familiarize yourself with some of the terminology, the “University-Speak,” that you may encounter at Western. Understanding some of the jargon and expressions used around you is one of the best steps to feeling “at home.”

### University-Speak: A Guide for Parents and Students

University is an exciting time for students and their parents, but it can also be a sometimes daunting experience. The sheer size of the campus and the number of people working and studying here may make the school seem like its own town and, like any town, it has its own character, rituals, and even language. This guide is intended to help you familiarize yourself with some of the terminology, the “University-Speak,” that you may encounter at Western. Understanding some of the jargon and expressions used around you is one of the best steps to feeling “at home.”

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<th>TERM</th>
<th>DEFINITION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alumni</td>
<td>Ironically, the first word in our Guide describes what you will be once you have finished University. Alumni is plural. Alumnus is singular and refers to a former student of a specific school, college, or university.</td>
</tr>
<tr>
<td>Ancillary Fees</td>
<td>Ancillary Fees are supplementary costs that are in addition to tuition. They reflect the cost of services and supports that enhance your student experience.</td>
</tr>
<tr>
<td>Bursary</td>
<td>A Bursary is a non-repayable grant usually awarded to students based on financial need.</td>
</tr>
<tr>
<td>Convocation</td>
<td>Convocation means a group of people gathered for a ceremony (i.e., Graduation).</td>
</tr>
<tr>
<td>Curriculum Vitae (CV)</td>
<td>From Latin meaning “course of life.” Like a résumé, a CV “vita” is a summary of your skills, experience, and education. It is quite detailed and is often longer than 2 pages. CVs are the documents required to apply for Graduate School, scientific research, and academic positions.</td>
</tr>
<tr>
<td>Frosh</td>
<td>Frosh is a gender-less short-form for “Freshmen” and refers to new or first-year students.</td>
</tr>
<tr>
<td>Graduate</td>
<td>A Graduate is a student who has earned a degree. Graduate School refers to a division of the university which offers courses leading to degrees more advanced than the Bachelor’s Degree (i.e., Master's Degree, PhD Degree).</td>
</tr>
<tr>
<td>Intent to Register</td>
<td>Students must complete their Intent to Register by February/March of each year of studies. This document indicates their intention to return to Western the following September and declares their intended area of study.</td>
</tr>
<tr>
<td>Internship</td>
<td>Internships are offered in different programs at different stages of a student’s academic career. If you participate in one of these programs, you are an Intern. An Intern is a person who works as an apprentice or trainee in an occupation or profession to gain practical experience. An Internship is an official or formal program that provides practical experience for beginners in an occupation or profession.</td>
</tr>
<tr>
<td>LAMP</td>
<td>LAMP (Leadership and Academic Mentorship Program) is designed to help first-year students learn leadership skills and, by pairing them with upper-year students, will expose them to a supportive learning community. LAMP is intended to guide new students through their first year of university life.</td>
</tr>
<tr>
<td>Post-Degree</td>
<td>Post-Degree refers to that time after a Degree (e.g., Bachelor’s Degree) has been earned. Post-Degree Diploma Programs occur after the first Degree and are often designed to complement an Undergraduate Degree.</td>
</tr>
<tr>
<td>OWeek</td>
<td>OWeek is Orientation Week — that week at the beginning of the school year designed to ease transition into life at Western. A variety of programs are scheduled to encourage new students to meet other students, familiarize themselves with the campus, and become comfortable with their new “home.” “Orientation Serves” and the “Terry Fox Run” (part of the “Marathon of Hope” event in support of cancer research) are two of the OWeek programs.</td>
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<td>Postgraduate</td>
<td>A Postgraduate is a student who has obtained a degree from a university and is pursuing studies for a more advanced qualification. A Postgraduate Program is a program available to students who have graduated and earned a first degree (i.e., Bachelor’s Degree).</td>
</tr>
<tr>
<td>SERT</td>
<td>SERT (Student Emergency Response Team) is a team of Western students brought together by their shared desire to help other people (i.e., in case of emergency and first-aid situations).</td>
</tr>
<tr>
<td>Sophs</td>
<td>Sophs or Sophomores are upper-year student leaders who volunteer during Orientation Week to help facilitate the transition to university.</td>
</tr>
<tr>
<td>Session</td>
<td>Session refers to a set duration of time during which classes take place. For example, in the Fall Session, “a” Courses run from September until December; in the Winter Session, “b” Courses run from January until April. Specific dates for each Session can be found in the Student Guide or on the Registrar’s Website (registrar.uwo.ca).</td>
</tr>
<tr>
<td>Transcript</td>
<td>A Transcript is a copy of a student’s academic record that indicates dates, courses, grades, etc. certified by the Registrar with the Western seal.</td>
</tr>
<tr>
<td>Undergraduate</td>
<td>An Undergraduate is a university student who has not earned a first or Undergraduate Degree (i.e., Bachelor’s Degree). Undergraduate Studies refer to those studies that occur prior to earning/finishing a first/Undergraduate Degree.</td>
</tr>
<tr>
<td>Varsity Teams</td>
<td>Varsity Teams are the principal athletic teams that represent Western and compete against the principal athletic teams from other universities.</td>
</tr>
<tr>
<td>Work Study</td>
<td>Work Study is a part-time employment program which allows students to work on campus in flexible environments through Fall and Winter terms. To qualify for Work Study, students must be Canadian citizens, have a 60% (or more) course load, and demonstrate financial need.</td>
</tr>
<tr>
<td>WTS</td>
<td>WTS (Western Technology Services) is the front-line support for all aspects of computing services at Western. (wts.uwo.ca)</td>
</tr>
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</table>

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**TERM**

**DEFINITION**

- **Alumni**: Ironically, the first word in our Guide describes what you will be once you have finished University. Alumni is plural. Alumnus is singular and refers to a former student of a specific school, college, or university.
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# Parent Expectations

Please respond to the following questions as indicated.

<table>
<thead>
<tr>
<th>Behaviour</th>
<th>No - Yes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Is this your first child going to university?</td>
<td></td>
</tr>
<tr>
<td>Have you attended college or university?</td>
<td></td>
</tr>
<tr>
<td>Does your child intend to live in residence?</td>
<td></td>
</tr>
<tr>
<td>Age of child when they arrive on campus to begin school:</td>
<td>16 - 17 - 18 - 19 - 20+</td>
</tr>
<tr>
<td>How would you rate your involvement in the decision about which university your child has chosen?</td>
<td>1 - 2 - 3 - Unsure</td>
</tr>
<tr>
<td>If you were concerned about them, or they informed you of a negative experience at the University, how likely would you be to contact someone at the University yourself?</td>
<td>1 - 2 - 3 - Unsure</td>
</tr>
</tbody>
</table>

The following questions address your expectations regarding the University’s communication with you about various issues:

<table>
<thead>
<tr>
<th>If my child...</th>
<th>I don’t expect to be informed by the University</th>
<th>I would like to be informed but don’t expect to be informed by the University</th>
<th>I expect to be informed by the University</th>
</tr>
</thead>
<tbody>
<tr>
<td>Changed their major or degree program</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Failed a course</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Took on a part-time job</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Violated a University policy (e.g., alcohol, cheating, vandalism)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Withdrew from the University or was required to withdraw from the University</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Had a medical emergency</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Had a psychological emergency</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Took on a student leader or volunteer position</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Did not pay their fees</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
The Parents’ Fund
Supporting the next generation of leaders

“The Parents’ Fund Award inspired me to be the best leader and nurse I could be. Thank you to all the parent donors for their generosity and for helping to encourage and financially support students to pursue their goals.”

Hannah Gregor, BScN’18

For nearly 30 years The Parents’ Fund has been providing meaningful financial support for Western students, ensuring access to the best student experience in Canada.

Join the dedicated community of past and present Western parents helping to transform the lives of our students today.

For up-to-date information about our programs and services, fill out the Family Information Form at the Summer Academic Orientation headquarters or online at giving.westernu.ca/parent-info
Enhance your

STUDENT EXPERIENCE

Health Studies • Kinesiology • Nursing

Introducing the Faculty of Health Sciences

Student Opportunity Fund (SOF)

What is the SOF?
The SOF provides financial support for student activities and events that supplement the learning experience and are not typically covered by tuition costs. Each year, undergraduate students in Health Studies, Kinesiology and Nursing support the SOF and enhance their student experience through a voluntary $100 SOF donation fee included in the tuition statement.

What does the SOF support?
Through an application process, the SOF supports activities and initiatives that help students get the most out of their student experience. Previously funded applications include:

- Conferences/Workshops
- Guest speakers
- Technology upgrades
- Yearbooks
- Academic enhancements
- Orientation activities
- International exchanges
- Experiential learning
- Health & wellness events
- Graduation celebrations
- First aid & CPR training
- Student social events
Music at Western

Did you play in your high school band or sing in a choir?

Want to continue playing or singing?

All Western students, regardless of major, are able to audition for ensembles at the Don Wright Faculty of Music.

- Non-music students are encouraged to audition for Large Ensembles in September. (e.g. orchestra, choirs, bands, jazz)

- A variety of music and dance courses are also available as electives for non-music students.

For information on courses and ensembles, including audition excerpts and dates, visit: 

music.uwo.ca/ensembles

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Did you know...?
The Don Wright Faculty of Music hosts 350+ public concerts & special events annually.
For all event details, visit:

music.uwo.ca/events
Seeking independence but don’t want to give up the academic and social benefits of living on campus?

Alumni House and London Hall are ideal accommodations for upper-year students, or you can select one of the other seven first-year buildings as your next home.

Pick your building, choose your roommates and reserve your room.

Applications open in early November. First come, first served.
myhousing.uwo.ca/portal
WESTERN FOOT PATROL
519-661-3650

Download our App
and use it to request a walk home

No one has to walk alone
When you call Western Foot Patrol, a team will meet you at any location on the Main or Affiliated College campuses and walk with you to wherever you need to go on or around the Western campus.

Hours of Operation
Sunday–Thursday: 6 pm–1 am
Friday & Saturday: 6 pm–midnight
519-661-3650

Promoting safety, deterring crime and providing safe escorts.

www.uwo.ca/footpatrol
FREE GAME ADMISSION FOR ALL STUDENTS

Every Sport - Every Game
(Playoffs & Homecoming excluded)

Show your Western ONEcard

westernmustangs.ca